Your one month kindness to nature challenge

Day one

Make a bird feeder with a recycled item like a tub, shoe, tray or flower pot





Day fifteen

Make a míní garden



Day two

Take a walk and identify the trees you see on the way



Make gifts to cheer up a neighbour



Day twenty three Investigate a pond or rock pool & record

what you see

Day three



Grow something



Day seventeen

Put on gloves and pick up some litter

Day twenty
four
Record
yourself being
kind to
nature

Day four

Survey birds in your garden

Day eleven

Watch a documentary about nature

Day eighteen

Make a pile of twigs or leaves in the woods or your garden



Day five

Is everyone in your house turning off unnecessary lights?



Day nineteen

Survey your insect palace to see if anything is using it.





Make a recycling bin Day thirteen Use an ID book or id mobile app to learn more about wildlife



Day fourteen
Write a thank
you note to
someone that
cares for the
environment



Build a den for someone younger



twentyseven

Go to the woods

or a beach.

Collect stuff to

make craft

with

