## Guidance to Litter Hero Ambassadors on beginning litter picking activities

## From "Keep Britain Tidy" Thursday 5th November.

Following the latest government announcements in England about a second national lockdown we have prepared this guidance to support you, to continue litter picking if you wish in the safest way possible.

Please only consider resuming litter picking if you are happy to do so – if you are under 18 make sure you have parental permission! Currently litter-picking can be carried out alone, with your household or support bubble, or in pairs based on the current government guidance for meeting with people outside of your household.

N.b. Individuals currently shielding, in 'at risk' groups, displaying symptoms (or in contact with those with symptoms) or have been directly advised to self-isolate should not litter pick

## Guidance for volunteers working alone or in pairs

- Tell someone where you are going and stay in mobile contact.
- Use gloves and a litter picker. Clean both after use before storing.
- Contact sealprojectuk@gmail.com to borrow equipment.
- Wash hands before and after at home or nearby w/c facilities
- Carry hand sanitiser if you have some.
- Stay at least 2 metres from fellow volunteer and members of the public.
- Make sure that if you are carrying rubbish any distance, the container it is in will keep you safe from cuts or spillage.
- Unless you have made an arrangement with your local council to collect your full rubbish bags, don't pick any more than you can put in your own bin or recycling bins at home.
- Don't pick up sharps/syringes even if you have a litter picker.